



# COLLEGE GOLF FELLOWSHIP

**DON'T WASTE YOUR SPORTS  
BY CJ MAHANEY**

CGF Workbook



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# CHAPTER 01 & 02

## ➔ ***Sports at Their Best - and Worst & What Are Sports Really For?***

What leads you to compete? Why Golf? pp. 9-11

Why do sports bring out the best and worst in us? What are the best and worst moments you can recall when playing sports? (not achievements)  
pp. 11-14

Do you think God cares about your golf? p. 14

What is the context and main point about the 1 Cor. 10:31 passage?  
pp. 15-17

What is the main opportunity that we have through our sport? pp. 17-18

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# NOTES

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## **Take Away**

We can use our sport in one of two ways. Either we improperly glorify ourselves, or we appropriately glorify God.

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# CHAPTER 03

## ***Meeting God Before the Opening Tip***

What must a Christian Athlete first do before truly understanding his sport? pp. 19-20

What are the 3 attributes of God listed by J.I. Packer? What do they mean? How do these change or enhance your view of God? pp. 20-22

How does God reveal Himself? Why is this our Hope? pp. 22-23

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# NOTES

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## **Take Away**

For us to know the purpose of our sport, we must first know the one that created it. Fortunately we can know God through a relationship with His Son, Jesus Christ.

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# CHAPTER 04

## ***Play to the Glory of God***

When you think of worship, what is your immediate thought? pp. 25

What are the 3 signs of misdirected priorities listed? Which one(s) do you tend to fall into? pp. 26

In what ways can we be grateful to God for golf? pp. 27-31

What are the 7 ways in which we can be humble athletes? Do these reshape your definition of humility? Do you think you can still be a great competitor as a Christian Athlete? pp. 31-36

How is Jesus the ultimate servant? Based on that, how can we be servant athletes? pp. 37-38

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# NOTES

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## ***Take Away***

The way that we prepare, compete, respond, and treat those around us in our sport reflects our hearts and Who/what we worship.

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# CHAPTER 05 & 06

## ***Sport Idols & Your Next Game***

What is an “idol,” as defined by Scripture? pp. 39-40

How do you see sports being idolized in our culture?

Look at the questions on page 41. Do any of these describe you?

Do you think going to/being involved at your local Church or meeting together with other Christians is important? How does your schedule reflect that? pp. 41-42

How does the power of the Gospel through God’s grace give us the opportunity to change the way we view, play, and compete in sports? pp. 43-45

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# NOTES

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What is the biggest take away for you from this small book?

## **Take Away**

What we truly care about is reflected through our schedule,  
conversations, and thoughts

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